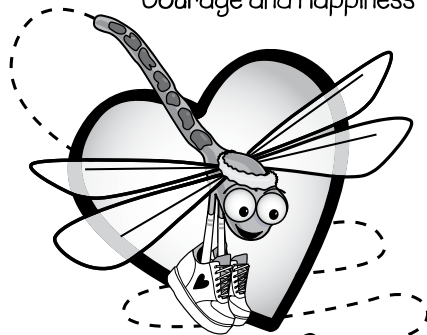


Where Children Find Strength,  
Courage and Happiness



Dragonfly  
Heart Camp

5K Run/Walk &  
1 Mile Fun Run/Walk

Thank you for your support  
of Dragonfly Heart Camp!

Event Contact: Kiki Jones

410-708-6979

dhc5Krun@DragonflyHeartCamp.org

Visit our website:

www.DragonflyHeartCamp.org

Dragonfly Heart Camp, PO Box 454

Chestertown, Maryland 21620

443-480-9578

# Registration Form for DHC's 5K Run/Walk & 1 Mile Fun Run/Walk

**Date:** Saturday, April 9, 2011

**Times:** 1 Mile Fun Run/Walk – Registration 9:00AM / Start 9:30AM  
5K Run/Walk – Registration 9:00AM / Start 10:00AM

**Place:** Arts at Stillpond Station, 24188 Stillpond Neck Rd., Worton, MD

**Course Description:** Out & Back Course

**5K Run/Walk Entry Fee:** Pre-Registration (by April 8th) – \$25  
Registration (Race Day) – \$30

**1 Mile Fun Run/Walk Entry Fee:** \$10 Donation or Sponsorship Form

**Registration:**

**Online:** [www.pretzelcitysports.com](http://www.pretzelcitysports.com)

**Mail to:** Dragonfly Heart Camp, P.O. Box 454, Chestertown, MD 21620

**Awards:** Unique Awards to Top Finishers in each Male & Female Age Group. Ages: 9-under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80-89

Award to Overall Male & Female Finishers

**Amenities:** Results posted on [www.pretzelcitysports.com](http://www.pretzelcitysports.com)

Refreshments Following Race

First 100 Participants of the 5K will receive a T-Shirt

Ribbons for all 1 Mile Fun Run/Walk Participants

## Dragonfly Heart Camp 5K Run/Walk & 1 Mile Fun Run/Walk Registration Form:

Please fill out this form and return this slip with check (**payable to: Dragonfly Heart Camp**) and mail to: Dragonfly Heart Camp, P.O. Box 454, Chestertown, MD 21620. For any questions regarding the **Dragonfly Heart Camp 5K Run/Walk or 1 Mile Fun Run/Walk** please call **Kiki Jones at 410-708-6979** or email [dhc5Krun@DragonflyHeartCamp.org](mailto:dhc5Krun@DragonflyHeartCamp.org).

Name:(First, Middle, Last) \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Phone #:(H) \_\_\_\_\_ Phone #:(W) \_\_\_\_\_ Gender (Circle): Male Female

Email: \_\_\_\_\_ Age as of April 9, 2011 \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

**T-Shirt Size** (Circle one): S, M, L, XL **I wish to participate in** (Circle one): 5K Run/Walk 1 Mile Fun Run/Walk

**5K Run/Walk Entry Fees:**  \$25 (by April 8th)  \$30 (Race Day) **1 Mile Fun Run/Walk:**  \$10.00 Donation or Sponsorship Form

**Payment:**  Cash  Check **Additional Donation:** \$ \_\_\_\_\_ **Total Amount:** \$ \_\_\_\_\_

**PLEASE TURN THIS FORM OVER, READ AND SIGN THE WAIVER ON BACK.  
REGISTRATIONS WILL NOT BE ACCEPTED WITHOUT SIGNATURE! NO REFUNDS**

## Directions to the Dragonfly Heart Camp 5K Run/Walk & 1 Mile Fun Run/Walk:

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**Address:** 24188 Stillpond Neck Road in Stillpond, MD 21667

### **DRIVING FROM NEW YORK, NEW JERSEY, PHILADELPHIA, WILMINGTON AND POINTS NORTH:**

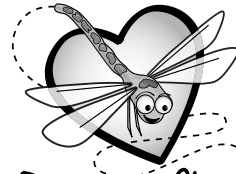
I-95 South over the Delaware Memorial Bridge. Continue on I-95 South to exit 4A for Route 1 South toward Christiana Mall. Follow Route 1 South to exit 136 for Route 299 toward Middletown. Continue on 299 West through Middletown. Turn left at the traffic light for Route 301 South. Continue on 301 South to the exit for Route 290 toward Chestertown/Galena. Turn right at the end of the ramp for Route 290 and follow to Galena. At the traffic light in Galena, continue straight for Route 213 South. Continue to Route 298 and turn right. Continue to Route 292/Still Pond Road and turn right. Follow to the stop sign in Still Pond and turn left to continue on Route 292/Still Pond Rd. Continue to Still Pond Neck Road/Route 443 and turn left. You will go past Echo Hill Camp (on right) and continue to the end at the old Coast Guard Station (about 1.5 miles past Echo Hill Camp).

### **DRIVING FROM WASHINGTON D.C., BALTIMORE, ANNAPOLIS AND POINTS SOUTH:**

Route 50 East past Annapolis and across the Chesapeake Bay Bridge. Continue on Route 50 East to the junction of Route 301 North Continue on Route 301 North and exit for Route 213 North towards Centreville and Chestertown. Continue on Route 213 North through Centreville and through Chestertown and turn left on Route 297. Follow to the stop sign and turn right on Route 298. Continue to Route 292/Still Pond Road and turn left. Follow to the stop sign in Still Pond and turn left to continue on Route 292/Still Pond Road. Continue to Still Pond Neck Road/Route 443 and turn left. You will go past Echo Hill Camp (on right) and continue to the end at the old Coast Guard Station (about 1.5 miles past Echo Hill Camp).

## About Dragonfly Heart Camp:

Where Children Find Strength,  
Courage and Happiness



Dragonfly  
Heart Camp

Dragonfly Heart Camp is a very special summer camp for children who have received a heart and/or lung transplant, or are diagnosed with Pulmonary Hypertension. It is the first camp in the country that is specifically designed to accommodate children with these complex cardio-pulmonary conditions. The

camp is staffed with medical experts who donate their time to make this camp a reality for kids with these challenging health needs. The cost to send one camper to camp is \$1,500.00 per child. All campers attend this camp for FREE, thanks to supporters like you! 100% of the proceeds from this Run/Walk directly benefit Dragonfly Heart Camp. Dragonfly Heart Camp is a 501(c)3 non-profit organization. Thank you for helping us fulfill the dreams of summer camp for these extraordinary kids!

To find out more information about Dragonfly Heart Camp visit our website at [www.DragonflyHeartCamp.org](http://www.DragonflyHeartCamp.org).



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## WAIVER for the Dragonfly Heart Camp 5K Run/Walk & 1 Mile Fun Run/Walk

(This WAIVER MUST be signed in order to participate in the event)

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although police protection might be provided, there could be traffic on the course route; therefore, I assume the risk of running in traffic. I also assume any other risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions of the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event.

Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge the sponsors or contributors to this event, any race officials, volunteers, the town and police agencies, their representatives successors or assignees from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation.

The release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, videotapes, motion pictures, recordings, or an other record of the event for any purpose. Minors will be accepted with a parent's signature.

**Signature of Participant** (Parent or Guardian if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

**NO REFUNDS**